

Women's Centre of York Region believes every woman deserves to feel empowered and live to her full potential. We do this by offering unique programming and services that address a range of circumstances. By building confidence and skills, we transition women from hopelessness to possibility.

The women we serve are mothers, sisters, aunts, neighbours and co-workers. In some cases, our clients may be experiencing significant financial hardship or even violence. One thing they share in common is they have identified a deep need and desire for improvement and change in their lives.

We all create ripples daily. At WCYR, we witness those ripples daily in women and our community. We know that when we help a woman regain self-esteem and control in her life, the impact goes far beyond her. Her children and her family feel the positive ripple and, in turn, create their own - her daughter does better at school with a full stomach and an eager mind. Her employer benefits from her focused effects in the workplace. Her community benefits from her renewed participation. Our ability to start that first ripple begins with support and financial contributions from our community.

Help a woman **Embrace Change**.

Help us **Empower Women**.

#HelpKeepHerSafe

Please consider becoming a monthly donor to the Women's Centre of York Region. A monthly gift is the easiest way to support our work and provides a stable source of income, ensuring maximum impact for the women we serve.

Please select one:

- \$25 a month provides a woman with grocery assistance each month.
- \$50 a month supports a woman in the year-long program Making Changes where she will build the confidence and communication skills needed to move forward in her journey.
- \$82 a month supports a woman in both Enterprising Careers and Financial Empowerment, where she can begin building a career for herself and learn to independently handle finances.
- \$131 a month sponsors a woman in One-on-One Counselling to ensure she receives the support she needs to exit abusive relationships safely.
- I prefer to make a monthly donation of \$_____ (insert amount) starting on _____ (insert day and month)
- I prefer to make a one-time donation of \$_____ (insert amount)

Name:	Address:	
Email:	City:	Province:
Phone:	Postal Code:	
Credit Card #:	Expiry:	

Make Cheque Payable to: Women's Centre of York Region

Mail to: Women's Centre of York Region | Unit 207-16775 Yonge Street | Newmarket | ON | L3Y 8J4

Email to: Lioras@wcyr.ca **Phone** 905.853.9270 | www.wcyr.ca

THANK YOU FOR HELPING US CREATE A RIPPLE IN OUR COMMUNITY

